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# Shrinkhla Ek Shodhparak Vaicharik Patrika

# **Brilliance Needs No Pedigree**

#### Abstract

This article talks about taking charge of you. It suggests that one should keep one's happiness on a self-start mode to become a full-fledged human being. Though we have the compulsiveness of the physical, we also have the consciousness of being more than just physical. To touch the inner genius within ourselves, we have to turn inward more consciously. If we are strong enough in our body, lucid in our emotions, sharp and stable in our mind and stable and intense in the fundamental energies, we can easily transcend towards the exuberant ways of life and can enjoy blissfulness in our life without any friction. We can manoeuvre ourselves if we can see the things the way it is by enhancing our perception.

**Keywords:** Individuality, Consciousness, Gravity and Grace. **Introduction** 

'Allow the Kalpavriksha to rise within you'

When I was a child somebody had to make me unhappy and today somebody has to make me happy because I think I need an incubator to be reasonably sane.

I want to share a story from the yogic law to make you understand the above mentioned lines vividly.

On a certain day a bull and a pheasant were grazing upon the field. The Bull was chomping on the grass and the pheasant was picking up the ticks of the bull. They were in partnership. There was a huge tree at the edge of the field. The pheasant looked up at the tree and said, Oh! Alas, there was a time when I could fly on the topmost branch of the tree but now my wings don't have enough strength to get even to the first branch of the tree. The Bull said that's not a big issue. I can help you to reach at the topmost branch of the tree. You just eat a little bit of my dung daily and by fortnight you'll be able to reach at the topmost branch of the tree.

The Pheasant said, "What rubbish are you talking about?" How can I be at the top of the tree within fifteen days? The Bull started releasing its dung near the tree. Anyhow, very hesitantly pheasant started picking up the dung and on the very first day it got to the first branch of the tree. Within few days it reached at the topmost branch and was enjoying the scenery and felt very much happy and contented.

An old farmer was rocking on his rocking chair in the courtyard of the hut and as soon as he looked at the bird, he pulled out his shot gun and shot at the bird. The bird fell down and died.

Morale of the Story: Many times even the bull shit can get you at the top but it never lets you stay there.

I as a person may think that a meeting with somebody will get me up or drinking a glass of wine will get me up. Yes, Of course everything can get me up but if I want to be super up in my life, I will have to be an Individual. An individual, who is not further divisible, can't be dissected or analyzed at all. I am 'I' and I need to understand the fundamental mechanism of Individuality. By fixing the outside, comfort and convenience will come but for seeking well-being 'In' is the only way out and Here I am not saying try to become oblivious of whatever is happening around the world but I try to keep my happiness on self-start mode and try to become full-fledged human being by allowing the 'Kalpavriksha' or wish tree within me absolutely alive.

If I want to be successful, all I need to do is to enhance my perception and intelligence. The rest will automatically fall into place. Perception can be sharpened and enhanced thereafter if I always remain attentive to life.

#### Significance of the Article

Everyone is very much acquainted with the thinness of line between sanity and insanity. When we get angry with somebody, we push ourselves from the sanity to Insanity. This article signifies that fear,anxiety worrying and stress are self created because they generates within us. If



Poonam Sharma
Assistant Professor,
Deptt.of Education,
BLMCE,
Bharatiya Vidya Bhavan,
New Delhi



Nisha Mishra
Assistant Professor,
Deptt. of Education,
BLMCE,
Bharatiya Vidya Bhavan,
New Delhi

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one wants to touch exuberance in his/her life, one has to turn inward by understanding the fundamental mechanism of Individuality. As there is an engineering for physical world, there is a quite sophisticated and complex engineering for inner world too. This article will definitely enhance the perspectives of blissful life with different dimension.

RNI: UPBIL/2013/55327

The greatest beings on this planet that we worship had never passed any examination. We'd never heard of Krishna and Gautama appeared in any written examination, but we worship them because they become attentive to life in such a way that they perceived more than we perceive. Though we have the compulsiveness of the physical, we also have the consciousness of being more than just physical. One should try to dismantle the wall of compulsiveness and a build a wall of consciousness to enhance perception. When we act consciously then only Grace will work for us otherwise gravity will try to hold us down.

Consciousness will definitely help us to touch our inner genius and take us to our ultimate goal of freedom from the bondage of birth and death. Sense organs are outward bound which can't help in touching stillness within. One who doesn't touch the stillness within and without will invariably get lost in the movement. Without a stable foundation, transcendence is not possible. But we overlook this and opt to live in a psychological space that is utterly estranged from our physical and existential reality.

One must strive to upgrade the human beings to move beyond the boundaries of their intellect and come to a deeper dimension of intelligence which is life itself, the very source of life itself is within us. The need for inner well-being will become very strong in the next twenty to twenty five years when technology starts doing most of the things that you are doing, and you don't know why you exist, then the need for inner well -being becomes super strong.

So if we want to be ready for that day, it's very important that we invest both in physical infrastructure and human infrastructure which focuses on the innermost core of who we are. The dimension beyond physicality has infused itself into this wonderful mechanism. This dimension is the very source of life. In a human being, this source of life is even more magnificently obvious. Though we have the compulsiveness of the physical, we also have the consciousness of being more than just physical.

#### Preservation vs. Expansion

There are two basic forces. Most people see them as being in conflict. One is the instinct of self – preservation, which compels us to build walls around ourselves. The other is the constant desire to expand to become boundless. These two longings- to preserve and to expand are not opposing forces. They are related to two different aspects of your life. One aspect that helps us to root ourselves well on this planet while the other aspect takes us beyond. If we are aware to separate the two, there is no conflict. If we are ignorant then the struggle of humanity between material and spiritual will spring up. When we say spirituality, we are talking about a dimension

beyond the physical. The human desire to transcend the physical is natural but thinking of boundlessness within the wall of physical senses is utter nonsense. If one is seeking or is in absolute search of blissfulness he has to expand his perception by turning inward. It is the role of our intelligence to decide to root ourselves to this planet or to reach the beyond.

#### Walls of Self-Preservation

Many walls that have been built in the name of self-preservation are the walls of self-imprisonment for tomorrow. People are struggling with the walls of resistance that they have built around themselves. The walls that block us are absolutely our creation which can be dismantled with higher degree of perception.

#### **Gravity and Grace**

Gravity is trying to hold you down while Grace always takes you up. Gravity is related to the fundamental instinct of self- preservation in a human being. We are rooted to this planet because of the gravity. Like gravity, grace too is constantly active. It is just that we have to make ourselves receptive to it. Suppose you were the only one who could do big calculations within a minute. You would begin to seem magical to everyone. It is just the beginning of receptiveness of other dimensions of life. This is a possibility that everyone should realize.

Life works best when you throw yourself into it, without bothering about what comes back. Life happens because of our involvement not because of what we get. What are you going to do with what you have as if you compare yourself with someone else who has less than you? If you want to explore the full potential of this life, the only way is through absolute involvement. The biggest mistake people make is to be goal-oriented. If you set yourself the goal to get enlightened by 2020, you will be completely messed up by the end of the year. If you just do what you have to do, life will naturally flower.

Every human being would be able to create wondrous things if only we could scale down the level of influence that organized systems are trying to have upon them. Instead of being a boss, we need to learn to place ourselves at the same level with our child. It's a privilege that another life chooses to come through us. We can't create different life.. If you compare yourself and your child, I would say 99% of the time, the child is more joyful. If that so, who should be the consultant for life?

#### **Transcend the Pleasant Limitations**

Everyone is in search of joyfulness but most of the people settle for pleasure because they couldn't find joy. Pleasure is just a shadow of joy which is very limited. If we want to have pleasure in our life, we always want to be with something or somebody. The deeper we go into pleasure we want to remain in bondage. If we are a pleasant seeker, we naturally build such a pleasant place that we even don't think to transcend it. Unpleasant limitations can be broken by us but pleasant limitations are hardly broken. I feel that we are not able to transcend the pleasant limitations. We have started enjoying the bondage's.

#### Conclusion

So, we should try to become joyful by our own nature. When we are happy we are easy to work

## P: ISSN NO.: 2321-290X RNI : UPBIL/2013/55327

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with or be with because everything is flexible and free. So joy is an absolute freedom. If we seek joyfulness outside us, we will invariably become a pleasant seeker. We must know that the source of joy is within us. Whenever we feel happy, does happiness happens within us or it rain upon outside. So if the source of happiness is within us, searching for it outside is a stupid thing. So fix self-start on your joy. Try to be ecstatic by your own nature. Don't try to extract anything from somebody else for your joy.

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I wish each one of you who is reading this article may lead to the road of success in a sane and unwavering ways with the balanced mind, emotions, body and fundamental energies.

But I have a question in my mind that we are the most comfortable generation ever, but why we're not the most blissful one. I feel that we are not looking at everything as an infant does who absorbs everything, who don't judge anything and don't label anyone.

May we all become what we want to become by knowing the power of being the master our own destiny.

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